



# food & drinks

Relax and have fun in the kitchen!

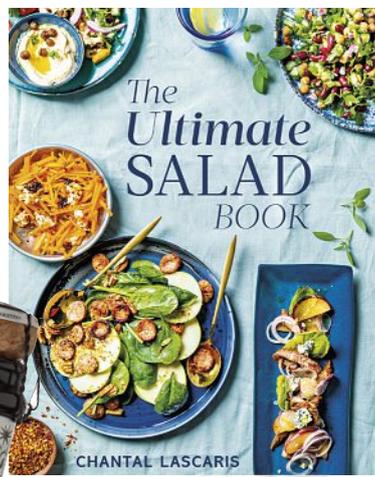
By Johané Neilson • Photographs supplied

## SOMETHING SPECIAL

Stellenbosch Hills recently released the 2020 Sense of Place Anna Christina MCC (R205, cellar door) made entirely from Stellenbosch Chardonnay. It's only the second time that this top-tier wine has been available and with aromas of fresh apples, citrus blossoms and nutty yeastiness that envelop the palate, it makes a stunning gift. Visit [stellenbosch-hills.co.za](http://stellenbosch-hills.co.za).



**Shape up!** Lunchtime is much more fun with a Tovolo sandwich shaper (R119, [yuppiechef.com](http://yuppiechef.com)).



## A HEALTHY APPROACH

*The Ultimate Salad Book* by Chantal Lascaris (R400, Penguin Random House) features more than 100 tried-and-tested recipes for any event, using simple yet nourishing ingredients – including a yummy selection of make-it-yourself salad dressings that will ensure you're able to keep it interesting from one meal to the next. "I've always been more focused on healthy eating than cooking fancy meals," says Chantal. "From the outset, I've tried to make cooking simple, healthy, and accessible by providing plenty of choices with loads of flavour."

Love your summer dishes with a hit of chilli? Locally produced Banhoek Chilli Oil is the ultimate infused oil, adding the perfect balance of flavour and heat to your food. Check out [banhoekchillioil.co.za](http://banhoekchillioil.co.za).



## Mom knows best

Mother's Love natural products are tough on dirt yet gentle on the environment. The range includes cleaning products such as Glass Cleaner with Grapefruit Essential Oils (from R68) and Dishwashing Gel with Citrus Essential Oils (from R69). Go to [mothersloveproducts.com](http://mothersloveproducts.com) for more.



## GOOD FOR KIDS

UCOOK has teamed up with Kath Megaw, one of South Africa's leading paediatric dieticians, to create a range of frozen kids' meals. The six meals and two pizza options all boast the promise of "no-nonsense goodness", ensuring that children get all the essential vitamins and minerals from lots of 'hidden' vegetables in every dish (think spaghetti bolognese with butternut and cauli sauce and beef lasagne with hidden butternut). Visit [ucook.co.za/craft-kids](http://ucook.co.za/craft-kids) to order. >>